Welcome to Stockholm

Stockholm, with its two million citizens is Sweden's largest city and capital. It was founded c.1250 and is built upon fourteen different islands. The city is known for its beauty, buildings, clear clean water and many parks.

Currency

The currency in Sweden is the swedish Krona (SEK/KR). Exchange rates are roughly:
1 EUR = 9 SEK
1 USD = 8 SEK
1 GBP = 11.5 SEK

Most stores do not accept foreign currency, so we suggest that you either exchange the money at the exchange office at the airport or make a withdrawal from an ATM (Some banks charge extra for foreign cards). Almost all stores, hotels and restaurants accept cards, such as Visa and MasterCard, as payment.

Language

Even though the official language in Sweden is swedish, you will not have any problems getting around with only english. Swedes usually begin learning english from the age of nine or earlier, and you will have a hard time finding anyone that can’t keep a conversation in english.

Thank you = Tack
Hello = Hallå
Good morning = God morgon
Excuse me = Ursäkta mig
One beer = En öl
Sorry = Förlåt/Ursäkta mig
As you might notice there are some weird letters in here. Namely å, ä and ö. These can be hard to pronounce and sound weird to the native English speaker.

Ä. Pronounced like the au in Paul.

Å. Pronounced like the ai in hair.

Ö. Pronounced like the u in fur or the ir in bird.
Public Transport

SL (Storstockholms Lokaltrafik)

Public transport – which includes buses, metro, commuter trains, trams and the ferries going out to Djurgården – are all managed by SL, the public transportation company. For traveling with SL you need a ticket. These come in three different forms: SMS (text) tickets (these are not recommended since you need your credit card registered online before using the SMS service) which you show at ticket booths or to a driver or conductor, paper tickets, which are bought from ticket machines and the plastic SL Access card, which is the travel card residents use.

Generally, the SL ticket system can appear slightly confusing to visitors (residents are also confused every now and then). We recommend you check out their website for full information. However, we urge you to take note that tickets cannot be purchased onboard any transport, and failing to note this will result in a heavy fine (120 euro) if an inspector shows up and asks for your pre-boarding purchased ticket.

Once you have your tickets, the public transport system, especially the metro, works quite well and can take you wherever you want to go. After 10 pm, most services will run less often.

When traveling using public transportation, it's a good idea to plan ahead with SL's travel planner. Here you can search all ways of traveling from one address to another.

If you plan to use the public transportation system, we recommend the seven day ticket (total cost of 320 sek, comes with access card) or the 72 hour ticket (total cost of 230 sek, single use card). Tickets can be bought at Pressbyrån (a kiosk chain that often have stores near the metro), from the station guard or from the machines located on the metro/commuter train stations.

For more information about SL, ticket prices and the travel planner visit: http://sl.se/en/
**Busses**

All busses are entered from the front door, where you either show your ticket for the driver (paper tickets and SMS ticket) or scan your plastic Access card. On each bus stop you will find departure times on small paper signs, these also detail where the busses stops on their routes.

**Metro (Tunnelbana)**

The metro in Stockholm is separated into three different lines, the red line, green line and the blue line. The metro runs once every five minutes during rush hour and once every fifteen minutes on normal hours. If you are traveling late during week days the metro stops running after 1AM. During weekend nights the metro runs at least once every half an hour.

To get through the turnstile, simply scan your access card on the reader and walk through (if you have a paper ticket, show it to the station guard and he will let you through).

On the last page of this document you will find a layout of the metro lines.

**Commuter trains (Pendeltåg)**

The commuter trains are the way to go if you want to travel outside of central Stockholm. There are four commuter lines that run through Stockholm. The commuter trains function very much the same as the metro. You scan your access card on the reader and walk through the turnstile (if you have a paper ticket, show it to the station guard).

On the last page of this document you will find a layout of the commuter train lines.
Taxi

There are several taxi services in Stockholm and they all charge a different rate for traveling. Uniting them is that this rate is fairly high compared to most other larger cities, so unless you have deep pockets, don’t plan on using taxis a lot.

If you want to use a taxi the services Taxi Stockholm, Taxi Kurir, Taxi 020 or TopCab are recommended. Smaller services and individual drivers will sometimes try to name themselves very similarly and then overcharge, so make sure you step in the right car.

By Swedish law all taxis must nowadays have a sign on them stating the average price for a 10 km journey. On average a “cheap” taxi goes for around 300 sek. Always check the sticker (usually located on the rear door window) on the taxi before getting in.

UBER

As many other larger cities in the world uber has recently become quite popular in Stockholm. No wonder when it is often less expensive than the normal taxi, and you get an price estimate before traveling. To use UBER in Stockholm simply download the app on a smartphone and request a car to you.

More information on how to use UBER can be found on their website https://www.uber.com/
Flying to Stockholm

Arlanda

Arlanda is Sweden’s largest airport and the airport we recommend that you travel to. It is located a mere 50km from the venue.

For a map over the Arlanda, visit: http://www.swedavia.com/arlanda/at-the-airport/find-at-the-airport/

Traveling from Arlanda

By commuter train

After claiming your luggage, head towards Sky City (Arlanda shopping area, located between terminal 4 and 5). Here you will find a reception where you can buy SL tickets, and the escalators down to the commuter trains. To use the commuter train to and from Arlanda you will need to pay a small fee (75 SEK), this is payed at Sky City.

By taxi

Head for the main entrance after claiming your bags. There are always several taxi cars waiting outside the airport. Make sure to check the price sticker located at the rear window of the taxi (you will find more information about this in the public transportation section).

Arlanda express

The Arlanda express is a high speed train that runs non-stop from arlanda to stockholm central station. The journey takes 20 min. You can buy your tickets at the airport’s information desks or in the Arlanda Express self-service machines located next to the escalators/lifts leading down. There are escalators/lifts down to the train from all terminals. One way tickets are 280 sek for adults and 150 for youths up to the age of 25, if you are a group of people traveling together they usually have a special offer of 2 persons for 300, 3 for 400 and 4 for 500.
Airport coaches

Flygbussarna buses between Stockholm Arlanda and the Stockholm central station run every ten minutes during most of the day. The route has bus stops along the motorway and at St Eriksplan. Tickets purchased from ticket machines at the airport, online (http://flygbussarna.se/en), at the shops 7-elven and Pressbyrån, and onboard the bus (but only with Visa and Mastercard Creditcards). One way tickets cost 99 sek

Bromma

Bromma is a smaller airport that's mostly used for domestic flights. It's located in the suburb of Bromma, 16 km from the venue.

Traveling from Bromma

By airport coach

You can travel with the Flygbussarna airport coaches between Cityterminalen in Stockholm and Bromma Stockholm Airport. The journey takes about 20 minutes and they run in line with flight arrivals and departures. You can also travel with The Flygbussarna airport coaches from Bromma Stockholm Airport to Brommaplan and from Bromma Stockholm Airport to Stockholm Arlanda Airport (via Sundbyberg and Kista).

By public transportation

You can also take the Stockholm Public Transport (SL) local bus to and from Bromma: SL bus 110 to/from Alvik, and SL bus 152 to/from Älvsjö station (the venue) via Solna and Sundbyberg. Tickets have to be purchased in advance, see http://sl.se/en/ for more information.
Skavsta

Skavsta is the airport where Ryanair and a few other budget airlines, like Wizz Air, travel to. It's located 100km from the venue.

Traveling from Skavsta

The easiest way to travel from Skavsta airport to Stockholm is with the airport coaches, a one way ticket is 139 sek. This bus will take you to Stockholm Central Station, from where you can take a commuter train straight to the venue. Tickets purchased from ticket machines in the arrival hall and at the buss stop, online (http://flygbussarna.se/en), and onboard the buss (but only with Visa and Mastercard Creditcards).
The Venue (Stockholmsmässan)

The venue for this year's Grand Prix Stockholm is Stockholmsmässan. Located 15 minutes with commuter train from the central station, this large convention center is easy to travel to and find.

Address: Mässvägen 1, 125 30 Älvsjö

The easiest way to travel to the venue by public transport is by far the commuter train. Simply make your way to the central station and catch any train going south to Älvsjö station (three stops). When you get off the train make your way up the stairs and exit to the left, go down the road and you are at the venue.

Alternative ways of traveling from the central station:

Take the red line to Bredäng or Fruängen. From either of these stations take the 163 buss forwards Kärrtorp, get off at Älvsjö Station.

Take the red line to Fruängen and from there take the 173 buss forwards Skarpnäck or the 144 buss forwards Gullmarsplan, get off at Älvsjö Station.

Take the green line to Gullmarsplan, from there take the 144 buss forwards Fruängen, get off at Älvsjö Station.
Accommodations

Staff Hotel

Scandic Talk
Address: Mässvägen 2, 125 80 Stockholm
Price per night: Double Room: 1200 SEK
Included: breakfast
Deal ends on 29-06-2016

http://www.scandichotels.com/Hotels/Sweden/Stockholm/Scandic-Talk/#.VwKy2mMkdqo
Code: “BTOU300716”
29/07-2016 - 01/08-2016

Alternative Hotel Deal in the City Center

Comfort Hotel Stockholm
Address: Kungsbron 1, 111 22 Stockholm
Price per night for a Double Room: 872 SEK
Price per night for Superior Double Room: 1134 SEK
Included: breakfast buffet
Deal ends on: 14-07-2016

Email: josefine.clazon@choice.se with code "GRANDPRIX"
Tourist Spots

Djurgården

Djurgården is an island and a district of Stockholm known for its many tourist attractions and beautiful nature. Here you will find The Vasa Museum, Gröna Lund (Stockholm's tivoli), Skansen, The Abba museum, Junibacken and much more.

The name Djurgården comes from its old name, den Kungliga Djurgården. Which translates into the royal game park. The official name of the island is Valdemarsön (named after king Valdemar), but after king John III made it his game park, the name Djurgården has stuck around. So much that more people know it by the name Djurgården.

For more information visit: http://www.visitdjurgarden.se/en/

Vasa Museum

The great warship Vasa was built by the orders of king Gustav II Adolf in 1626. It was to be one of the greatest warships ever built, hosting over 60 cannons and 400 crew members. During its maiden voyage the 28 of august 1628 the ship capsized and sank after sailing 1300 meters.

In 1961 after years of underwater excavation work, Vasa was once again brought above water. Nowadays you can find the Vasa ship in its own museum located on Djurgården. Natives in Stockholm tend to overlook this spot, but visitors are generally very positive.

For more information and opening hours, visit: http://www.vasamuseet.se/en/
Old Town (Gamla Stan)

Old Town is located in the middle of Stockholm and although a tourist magnet it will provide gems for the visitors willing to walk off course and wander around. The regally enthused will find the Royal Castle here, with the Royal Armory sporting a great collection of historic armour, weapons and other artefacts.

Old Town is also a great spot if you enjoy seeing old architecture, churches or just want to enjoy a relaxing stroll and some ice cream.

To get to the Old town, simply take the metro on the red or green line and get off at the Gamla Stan station, then follow the signs inside the metro station until you exit near the edge of Old town.

Skansen

Located on Djurgården, Skansen is Stockholms open air museum and zoo. Hosting around 140 buildings (including a full scale replica of a 19th century rural village), Skansen gives an unique insight of traditional life in Sweden.

Skansen zoo has a wide variety of scandinavian animal life (elk, brown bear, lynx, grey wolf and more) inside you will also find Skansen aquarium, where you will find exotic animals from all around the world (note that there is an extra fee to enter the aquarium).

For opening hours and more information visit: http://www.skansen.se/en/kategori/english and http://www.skansen-akvariet.com
The archipelago

Just a few minutes away from the city of Stockholm, the archipelago begins. With nearly 30,000 islands, islets and rocks - from Arholma in the north to Landsort in the south - each with its own character. Rugged nature blends with wooded islands, rocky cliffs and sandy beaches. Enjoy Tranquil Coves or the open sea where waves can go high. Explore uninhabited islets as well as islands with new communities and ancient villages, where large houses and small cottages stand side by side.

Visit a cultural district with a long history, or take advantage of some of the many activities on offer. Enjoy the archipelago's culinary specialties at the inns and restaurants, or prepare your own meals over an open fire. Go for the day, stay at one of the archipelago's hostels, hotels or cottages, or bring your own tent if you prefer to camp. Welcome to our unique archipelago.

If you have the time to spare we recommend taking a daytrip like the Thousand island cruise offered by Strömma kanalbolaget (http://www.stromma.se/en(stockholm/excursions/day­trips/thousand­island­cruise/) ) or taking a boat out to Sandham.
Other cruises and trips are aviable from Strömma kanalbolaget(http://www.stromma.se/en(stockholm/) ) and Waxholms bolaget (http://www.waxholmsbolaget.se/visitor/)
Stockholm City Hall

This is one of Sweden’s most famous buildings, and one of Stockholm’s most visited tourist attractions. Known for its large banquet halls and art, this is a good idea to visit for anyone who likes culture.

Guided tours are offered every day, and you are not allowed to walk freely in the Halls.

Stockholm City Hall is located near Kungsholmen. To get here, go to Slussen and take bus 3 (bound for Karolinska Sjukhuset) and get off at Stadshuset. Or you can walk from Stockholm central station (around 10 minutes walk).

For more information and opening hours, visit: http://international.stockholm.se/the-city-hall/

Gröna Lund

Gröna lund tivoli first opened it’s doors in 1883. It is with its 38000 square meters one of Europe’s larger tivoli’s, and and highly recommended tourist spot. Note that this is a very popular destination for tourists and locals, so going here on the weekends will mean standing in queues a lot.
**Lesser Known Things to do in Stockholm**

**Shopping**

Stockholm may not be known for it, but we have a lot of shopping malls. In central Stockholm, you can find Gallerian, NK (nordiska kompaniet) and MOOD. Here you can buy designer clothes, electronics, grab a snack and much more. We also recommend that you visit the Mall of Scandinavia, one of the largest shopping centers in Europe which contains an IMAX cinema and over 224 stores spanning over a total of 101,048 square meters.

For more information, visit: [http://www.shoppingguidestockholm.se/en](http://www.shoppingguidestockholm.se/en)

**Technical Museum**

If you are willing to travel a bit outside of central Stockholm, you will find the technical museum. Here you can find exhibitions of many different kinds. For example there is a reconstruction of a classic Swedish silver mine.

For more information, visit: [http://www.tekniskamuseet.se/1/start_en.html](http://www.tekniskamuseet.se/1/start_en.html)

**Cafés**

The Spanish have their siesta, the Swedish have their fika!

For those that did not know of it, fika (pronounced fee-ka) is a Swedish noun and verb with the meaning “take a break and have a coffee and something sweet”. Fika is so common in Swedish society, that many workplaces have scheduled fika breaks. With this information in mind, it’s no surprise that cafés are a common occurrence in Stockholm. So much, in fact. that you will have a hard time finding a street without one!
Nightclubs

If partying is your thing, Stockholm will not disappoint. Located all through the city you can find pubs and nightclubs.

The most well known nightclubs you will find at Stureplan, near Östermalmstorg metro station (These are also the more exclusive clubs. Often with dress code and higher age limit).

Some of the more well known nightclubs are: Café Opera (Located near kungsträdgården metro station), Oxid (Located near Stureplan), Golden Hits (Located near Hötorget metro station, age limit of 25 or older) and Patricia (Located near Mariatorget metro station).

Many pubs are found on Götgatan (Slussen metro station), Södermalm or in the Old town (Gamla stan), these are often more relaxed and serve food until 10PM. Some bars/pubs worth mentioning are: Sjätte tunnan (decorated as a 1500th century longhouse) located in Old town, Patricia (with a total of seven bars, a nightclub, and a restaurant all located on a single boat that is permanently docked) located near Mariatorget metro station.

For more information, visit: http://www.visitstockholm.com/en/Eat-drink/Nightlife/

The Ice Bar

How does going to a bar entirely made out of ice sound? Cold? Don't worry. If you decide to visit the ice bar, you will get to borrow a set of warm capes and gloves (which you will probably need since the glasses are made out of ice as well).

This bar is kept at a temperature of -5° all year round, and every part of the interior is made out of large ice blocks taken from the Torne river in northern Sweden.

Note that the bar only allows 40 persons at most inside. So if you are interested in going here, we suggest that you book a table.

For more information, visit: http://www.icebarstockholm.se/
Recommended Restaurants and Bars

Be advised that in Stockholm compared to other larger cities in Sweden, food and alcohol can be quite expensive, and it's not uncommon for a normal restaurant visit to cost over 50 euro's

Restaurants

This list of restaurants are recommendations from us who have written this guide. They are of varying prices and styles, and hopefully you will be able to find something that suits you. Each one on the list has a price range suggestion for how much a meal might cost per person.

Grill
Located near Drottninggatan in central Stockholm, this restaurant is as it’s name suggest famous for its grilled meat. It is often full so it is an good idea to book a table if you are interested in eating here. The price for a two person meal (Two steaks and a bottle of wine) is often over 100 euro's, so if your budget is tight, this is not the place to eat.

Website: http://grill.se/en/
Price range: 50-100€
Adress:

Bird
This restaurant specializes in different kinds of birds. Chicken, duck etc. They don’t take table bookings, and only do drop serving. If there are no free tables you can wait in the bar and enjoy a beer while waiting.

http://birdsthlm.se/
Price Range: 10-50€
Address: Regeringsgatan 89
Smörgåstårteriet
This restaurant specializes in smörgåstårtor, which is one of the most swedish things to eat, after fermented herring and meatballs. Smörgåstårta is a savoury cake that is similar to a sandwich, but with large amounts of filling and garnish, similar to a layered cream cake.
http://smorgastarteriet.se/
Price range: 50-100€
Address: Dalagatan 42

Ai Ramen
Ai Ramen is the first ramen bar in Stockholm that crafts their own noodles. They recently received an award as one of the best budget restaurants in Stockholm. They don't take any reservations for tables.
Price Range: 15-30€
Address: Erstagatan 22

The Artisan
The Artisan is a restaurant that serves pizza al taglio with a Swedish twist! Slow fermented, airy, roman-style organic dough, with beautiful, seasonal toppings.
http://www.theartisan.se/
Price range: one slice for 5€ and three for 13€
Address: Odengatan 78

Fåfängan
Welcome to one of the best views in Stockholm. Located on the heights of Södermalm with a wonderful view of Saltsjön and Djurgården this restaurant and café is a great spot to grab some icecream or a glas of wine. They also serve classic swedish cuisine and you can book a table for brunch on weekends.
Address: Klockstapelsbacken 3
http://fafangan.se/
Price range: 20-50€
Bars

Oliver twist
A bar that specializes in beer, and mostly american beer but they also have lots of beer from swedish microbreweries. With 25 taps, 3 of which are hand-pumped real ale, and a large assortment of bottles the very knowledgeable bartenders will be happy to help you find just the beer for you.
http://olivertwist.se/en/

Akkurat
If you like beer, this is the place to be. This bar is famous for it’s large selection of beer and whiskey, and a must visit if you enjoy a expensive beer.
http://www.akkurat.se/

Omnipollos hatt
Omnipollo is a swedish brewery that have gained international acclaim for their collaborations and willingness to experiment. This is the brewery’s own bar, they have 10 taps with lots of interesting beers on rotation. If you’re a beer nerd who likes to try something new this is the place to be.
They also have a wood-fired pizza oven that produce some of the best pizzas in Stockholm
http://www.omnipolloshatt.com/
Local Game Stores

Dragon's Lair

*Kungsholmstorg 8*
*112 21 Stockholm*

Located a mere five minutes from the Central station, this is Stockholm’s central hub for MTG related activities. Open since 2004, the store has become one of Sweden’s largest retailer of board games, and with its 350 square meters you have a hard time not finding things to do here. There are Magic events every evening except weekends (unless there are larger tournaments planned).

Alphaspel

*Sparbanksvägen 14*
*129 32 Hägersten*

Located near Hägerstensåsen’s metro station (on the red line), Alphaspel is the place go if you want warhammer, board games or role playing supplies. The shop has been open for seven years and sells everything from chess boards to MTG cards.
General Information and Safety Tips

Emergency Number

In the event of an emergency, call the European emergency number (112)

Contact for additional information

Kevin Moore
Email: moorekevinw@gmail.com
Cell Phone: 0046734448975

Alexander Johansson
Email: Alexanderjn@live.se
Cell Phone: 0046708660454

Jacob Malmström
Email: jacobmalmstrom@gmail.com
Cell Phone: 0046704972285
Commuter Train Map